

Trails in Bear Mountain State Park are built and maintained by the people who love and use them through volunteer service programs organized by the New York-New Jersey Trail Conference.

This map is adapted from Harriman-Bear Mountain Trails, a two-map set that shows more than 230 miles of trails in Harriman and Bear Mountain state parks. Look for the companion map, Map 118, and many of our other regional trail maps in the "PDF Maps" map store! Trail Conference maps and books are your guides to hundreds of miles of hiking paths in the New York-New Jersey region. Our full-featured maps are printed in color, show elevation contours, and are waterproof and tear-resistant. Find our print maps at outdoor stores, order online at [www.nynjtc.org](http://www.nynjtc.org), or telephone 201.512.9348.

The New York-New Jersey Trail Conference is a nonprofit organization that partners with parks and mobilizes thousands of hard-working volunteers who create, maintain, and protect more than 1,800 miles of public trails in the region.

- Support the trails you love by:
- ★ Reporting trail problems on our website
  - ★ Learning skills through Trail University
  - ★ Volunteering with the Trail Conference
  - ★ Becoming a member of the Trail Conference

To learn more about the trails, hikes, and volunteering, contact the Trail Conference.



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Made by the People Who Build the Trails

Bear Mountain State Park  
Harriman State Park  
Orange & Rockland Counties, NY

Trail Map 119  
Fourteenth Edition 2012

# Northern Harriman Bear Mountain Trails

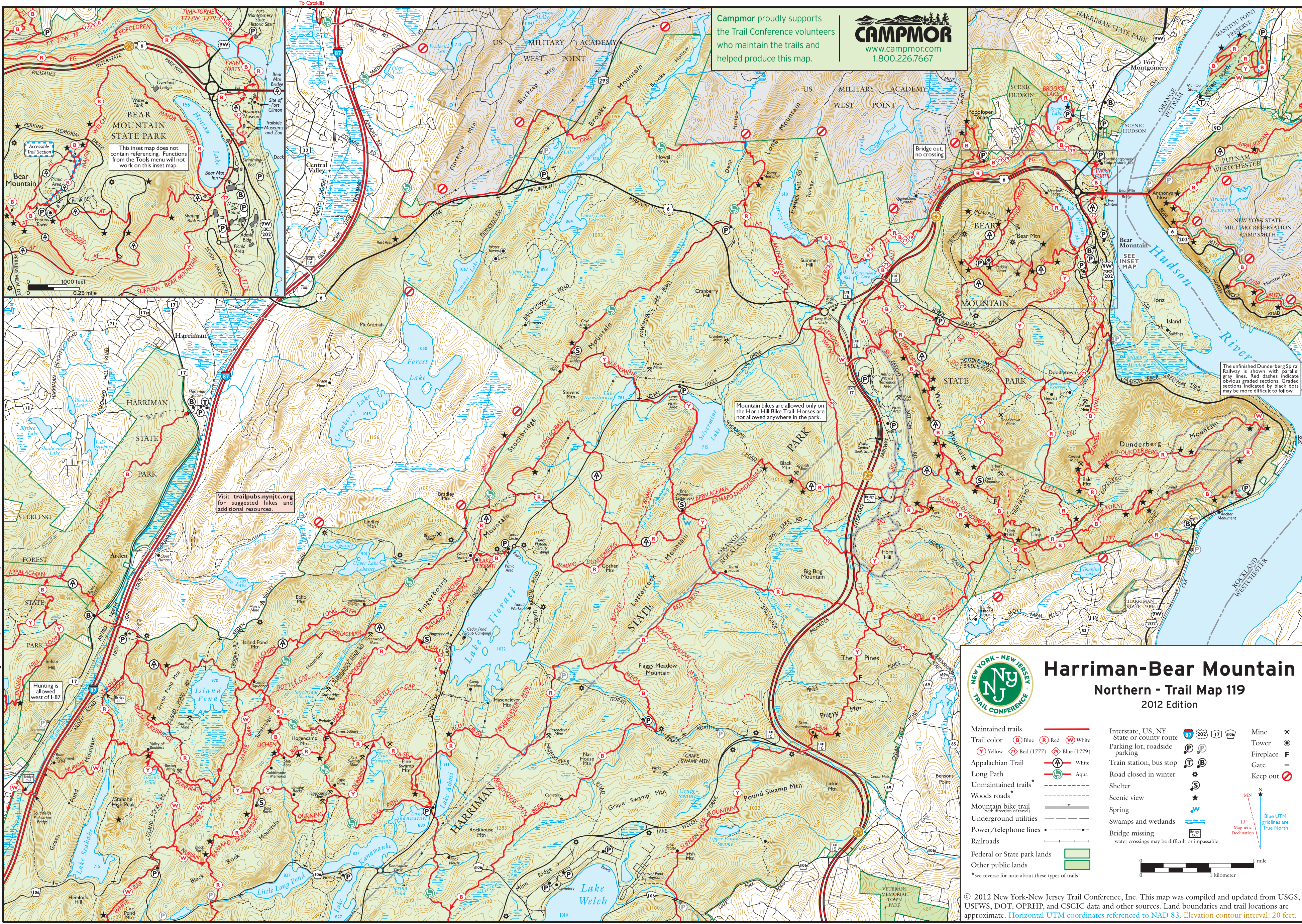
- ▲ Appalachian Trail
- ▲ Bear Mountain
- ▲ Fort Montgomery
- ▲ Doodletown
- ▲ Dunderberg Spiral Railway
- ▲ Revolutionary Trails
- ▲ Long Path

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New York-New Jersey  
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For Continuation see Sterling Forest Map 100



Campmor proudly supports the Trail Conference volunteers who maintain the trails and helped produce this map.



This inset map does not contain referencing. Functions from the Tools menu will not work on this inset map.

Mountain bikes are allowed only on the Horn Hill Bike Trail. Horses are not allowed anywhere in the park.

Visit [trailpubs.nynjtc.org](http://trailpubs.nynjtc.org) for suggested hikes and additional resources.

The unfinished Dunderberg Spiral Railway is shown with parallel gray lines. Red dashes indicate obvious graded sections. Graded sections indicated by black dots may be more difficult to follow.



## Harriman-Bear Mountain Northern - Trail Map 119 2012 Edition

- |                   |             |                   |           |                     |             |  |                       |                       |             |                             |                    |  |                               |                         |                       |             |             |             |                     |                |             |             |             |             |             |
|-------------------|-------------|-------------------|-----------|---------------------|-------------|--|-----------------------|-----------------------|-------------|-----------------------------|--------------------|--|-------------------------------|-------------------------|-----------------------|-------------|-------------|-------------|---------------------|----------------|-------------|-------------|-------------|-------------|-------------|
| Maintained trails | Trail color | Appalachian Trail | Long Path | Unmaintained trails | Woods roads | Mountain bike trail (with direction of travel) | Underground utilities | Power/telephone lines | Railroads   | Federal or State park lands | Other public lands | Interstate, US, NY State or county route | Parking lot, roadside parking | Train station, bus stop | Road closed in winter | Shelter     | Scenic view | Spring      | Swamps and wetlands | Bridge missing | Mine        | Tower       | Fireplace   | Gate        | Keep out    |
| Blue (B)          | Blue (1777) | Red (R)           | White (A) | White (W)           | Blue (1779) | Blue (1779)                                    | Blue (1779)           | Blue (1779)           | Blue (1779) | Blue (1779)                 | Blue (1779)        | Blue (1779)                              | Blue (1779)                   | Blue (1779)             | Blue (1779)           | Blue (1779) | Blue (1779) | Blue (1779) | Blue (1779)         | Blue (1779)    | Blue (1779) | Blue (1779) | Blue (1779) | Blue (1779) | Blue (1779) |

© 2012 New York-New Jersey Trail Conference, Inc. This map was compiled and updated from USGS, USFWS, DOT, OPRHP, and CSCIC data and other sources. Land boundaries and trail locations are approximate. Horizontal UTM coordinates referenced to NAD 83. Elevation contour interval: 20 feet.

**Appalachian Trail**  
This footpath was conceived by regional planner Benton MacKaye as a footpath along the Appalachian ridge where urban people could retreat to nature. The first new section – from the Bear Mountain Bridge to Arden – was completed in 1923. The Appalachian Trail (A.T.) is one of the longest blazed foot trails in the world, stretching from Mt. Katahdin in Maine to Springer Mountain in Georgia. Every year, a number of hikers traverse the full length of the A.T. In New York and New Jersey, it is maintained by volunteers of the New York-New Jersey Trail Conference and its member clubs.

The A.T. section shown on this map has two distinctions: it is the original section, and it has the lowest elevation on the entire 2,175-mile trail – approximately 120 feet above sea level, in the Trailside Museum and Zoo (just west of the Bear Mountain Bridge). A detailed trail description, as well as information about the trail, can be found in the *Guide to the Appalachian Trail in New York and New Jersey*, published by the Appalachian Trail Conservancy.

**Bear Mountain Trails Project**  
High use and resulting erosion of the A.T. on Bear Mountain created the need for a major overhaul of the trail. The Bear Mountain Trails Project was initiated in the spring of 2006, with professional trail builders leading the construction effort and training hundreds of volunteers. Construction of the new route up the east face of Bear Mountain began in 2006, and the route was opened on National Trails Day in 2010. The new route of the A.T. on the west face of Bear Mountain, from the summit to Perkins Drive, was opened in August 2010, eliminating a half-mile roadwalk along Perkins Drive. A mile-long loop of the A.T. north of the summit, of which the eastern half is handicapped-accessible, was opened in June 2011. Work is in progress on a new A.T. route on the east face, from the Scenic Drive to the summit, and on a new interpretive trail just above Hessian Lake.

**Harriman-Bear Mountain Parks**  
For more information on these parks, including rules and regulations, contact the Palisades Interstate Park Commission, Admin. Building P.O. Box 427, Bear Mountain, NY 10911; (845) 786-2701; [www.nysparks.com](http://www.nysparks.com); [www.palisadesparksconservancy.org](http://www.palisadesparksconservancy.org)

**Trail Use**  
**Marked Trails:** Marked hiking trails are blazed with paint blazes or plastic or metal markers of various colors. The blaze color of each trail is shown on the map. White is often used as a background color to improve visibility. A double blaze indicates a turn, and the upper blaze is offset in the direction of the turn. The start and end of a trail are triple blazed. More detailed information on the marked hiking trails (and other features) of Harriman-Bear Mountain Parks may be found in *Harriman Trails: A Guide and History*, by William J. Myles and Daniel Chazin, published by the Trail Conference.  
**Unmarked Trails and Woods Roads:** With the exception of several woods roads maintained by the Park, these routes are not marked, cleared or otherwise maintained. Both unmarked trails (shown with dashed red lines) and woods roads (shown with dashed black lines) may be severely overgrown, difficult to locate and impossible to follow. Park regulations provide that "no person shall use other than trails, roads and other ways established and provided for public use [by the Park]." The majority of these unmarked routes are not considered established ways.

**Parking Areas** shown on this map are subject to change. Seasonal fees are charged at Bear Mountain, Silvermine Picnic Area, Tiorati Circle, Lake Welch Beach and Lake Kanawauke Picnic Area.  
**Private Property:** Some blazed hiking trails shown on these maps may cross private property. In such cases, please take care to follow the marked trail. Please respect the rights of the landowners and do not trespass.

**Health and Safety**  
**Water:** Hikers should bring with them an ample supply of water. The water sources shown on the map are unreliable in quantity and quality. All water taken from unprotected sources should be purified before use. Potable water is available at restrooms and drinking fountains.  
**Dress:** Wear sturdy shoes or boots with non-slip soles. Dress in layers of clothing so you can adjust for changing conditions. As appropriate, wear gloves, hats and gaiters.  
**Equipment:** Carry a compass and paper map of the area, a whistle, a flashlight, a first-aid kit and bug repellent (spring and summer).  
**Risks:** Be aware of risks. An injury on the trail, where there is no quick access to medical help, is always a serious matter. Leave your planned route and anticipated return time with a responsible party, particularly if you hike alone.

**Emergency Phone Number**  
In case of emergency, call New York State Park Police, (845) 786-2781.

For Continuation see Harriman-Bear Mountain Map 118

For Continuation see Harriman-Bear Mountain Map 119